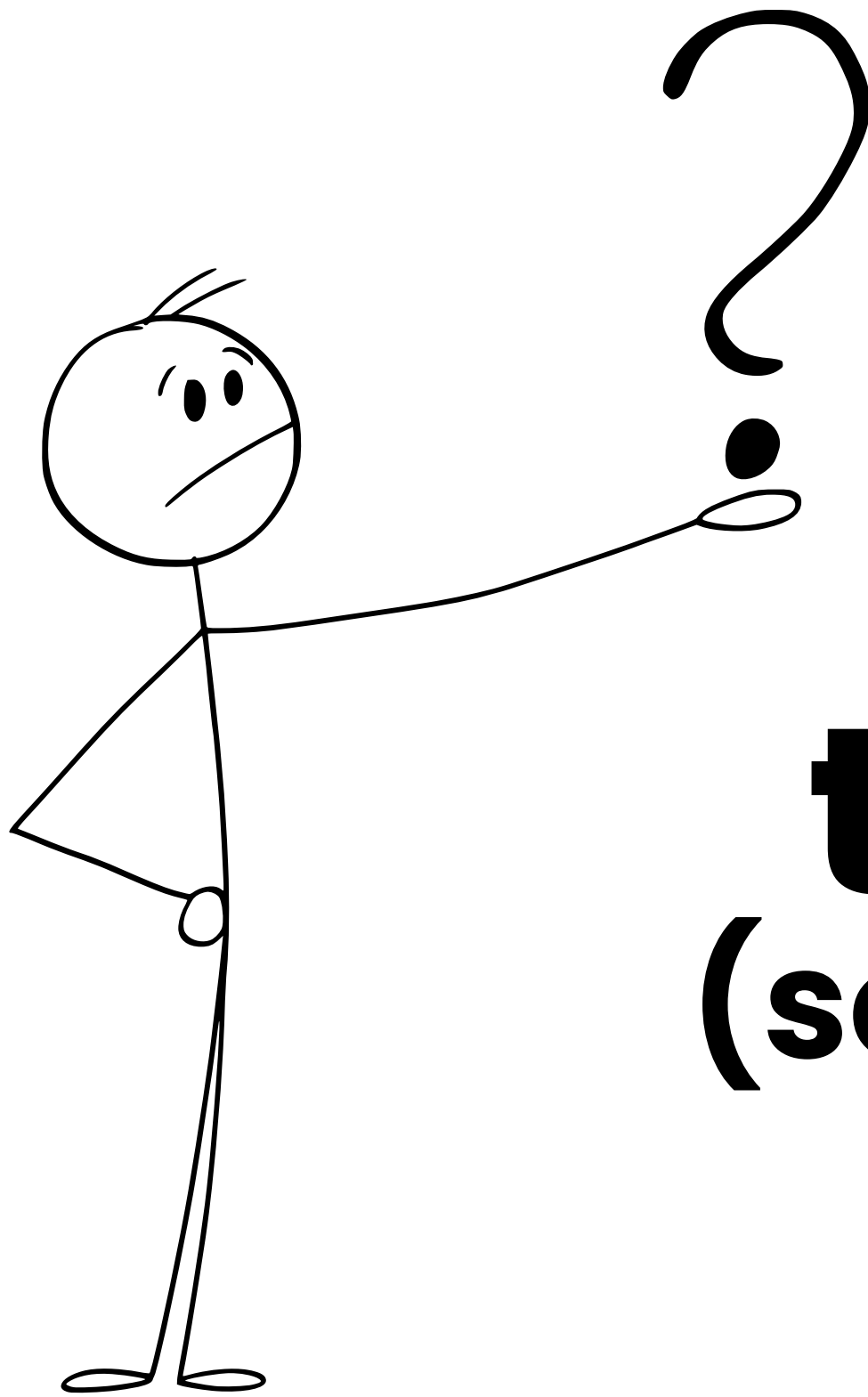




Things to **know** about 'amber' genes...

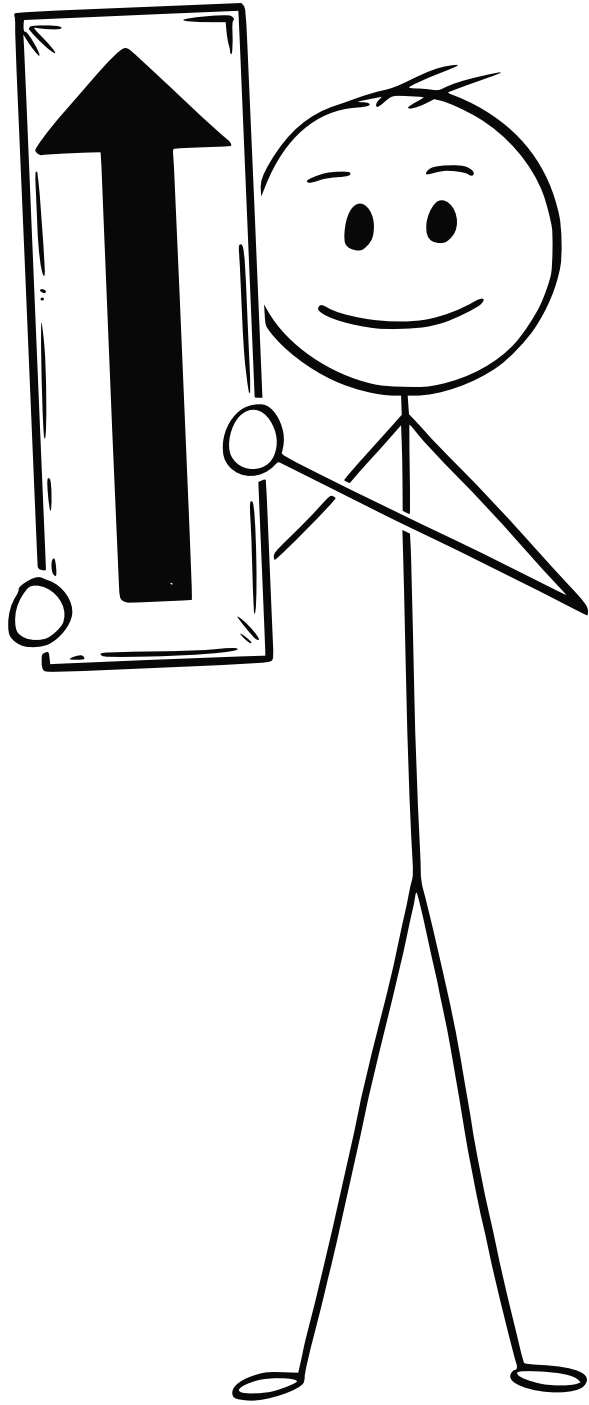




**they're
(somewhat)
-ve**

a little slow, or a tad too fast...so they require a little more thought & support...maybe the other genes around them are supportive; maybe your diet & lifestyle support them enough...or maybe they just need a little focus & attention at particular times or circumstances...





**there
are things
we can do**

genes are **not** your destiny...
nutri-genomics focuses on the
specific genes that can be
positively influenced by your
nutrition & lifestyle choices..there's
a lot we can do & with more
information, the only way is up..!





give them the right environment

we can adapt your nutrition, consider positive lifestyle influences, look out for symptoms or circumstances that suggest supplements might be in order...



if you
find this
interesting,
please get in
touch...

